

The Digital Citizenship and Wellness Commission Report

by Digital Respons-Ability

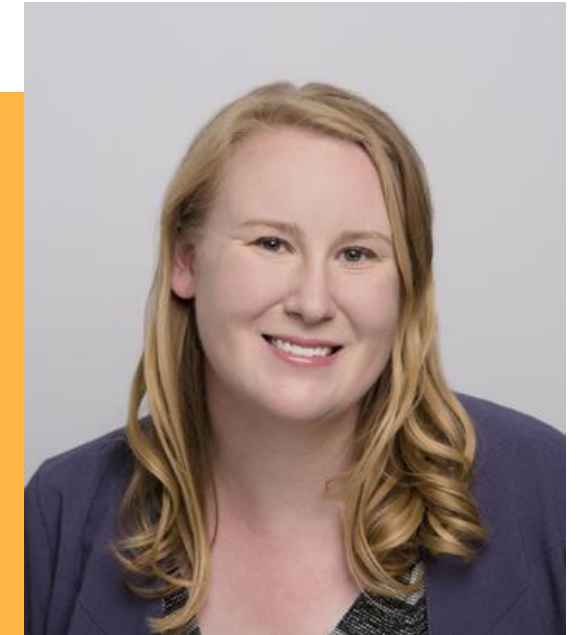
June 14, 2022



D I G I T A L
R E S P O N S -
A B I L I T Y

Who are we?

Founded in 2016, by Carrie Rogers-Whitehead, Digital Respons-Ability provides **research-based**, holistic Digital Citizenship Education using **prevention science** framework. We build skills to create **positive digital citizens**.



Carrie Rogers-Whitehead



Prevent Child Abuse Utah™

Prevent Child Abuse Utah helps deliver our digital citizenship trainings. Their nonprofit has:

- Prevent Child Abuse Utah helps deliver our digital citizenship trainings. Their nonprofit has:
- Taught preventative education to ~80,000 Utah students in 2018-2019
- Educated more than 160,000 adults through online courses and tabling and awareness events
- Founded in 1982, PCAU is Utah's largest non-profit whose funding and efforts are dedicated to prevention education!



Why we choose prevention science



The best programs utilize an in classroom setting and teach students emotional competence.



Positive Impact

A positive school climate and sense of community creates a protective factor against destructive behavior.



Long-term results

It takes an individual, school, family, friends and the entire community to adjust attitudes and THEN reap the benefits of good behavior.





Since We Began



We have delivered close to 2000 in-person and virtual classes to students and parents on digital citizenship

We have taught tens of thousands of students across the state of Utah digital citizenship

We have trained about 10,000 educators through our webinars on digital citizenship

We have multiple books published on digital citizenship and digital parenting with research and practices from our work with more coming:

- **Digital Citizenship: Teaching Strategies and Practice from the Field** (Rowman & Littlefield, 2019)
- **Becoming a Digital Parent: A Practical Guide to Help Families Navigate Technology** (Routledge, 2020)
- **The 3Ms of Fearless Digital Parenting** (Skyhorse Publishing, 2021)
- **Advocating Digital Citizenship**
- **Deepening Digital Citizenship: from policy to practice**

Programs by Digital Respons-Ability

- **Student Trainings on Digital Citizenship for both Elementary and Secondary Classes**
 - In Person or Virtual
- **Parent Training Nights**
 - In Person or Virtual
- **FREE resources, videos, and webinars for parents**
- **Respons-Able Educator Certification**
(Teacher Certification Program)
 - Used by the Department of Defense Education

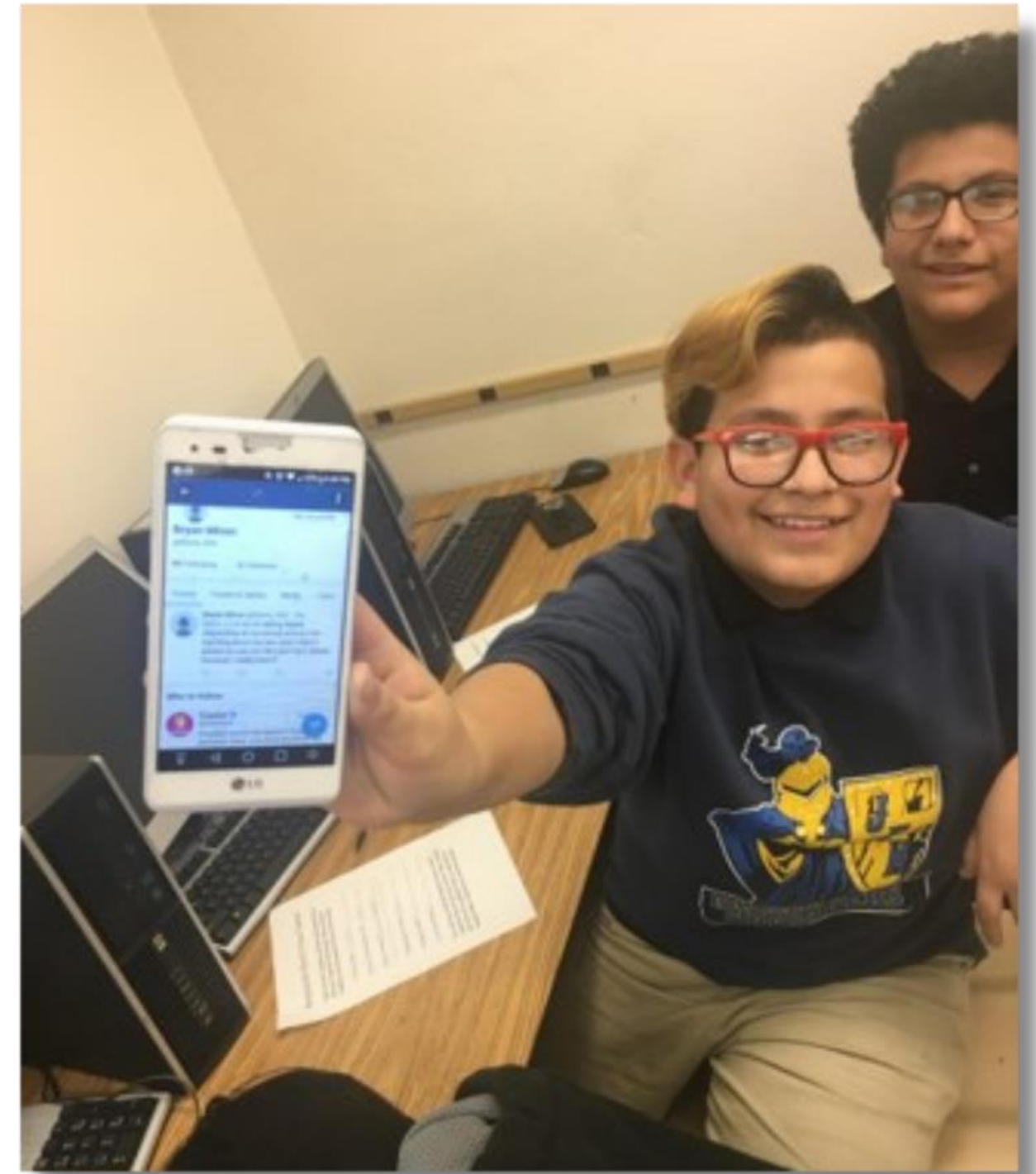


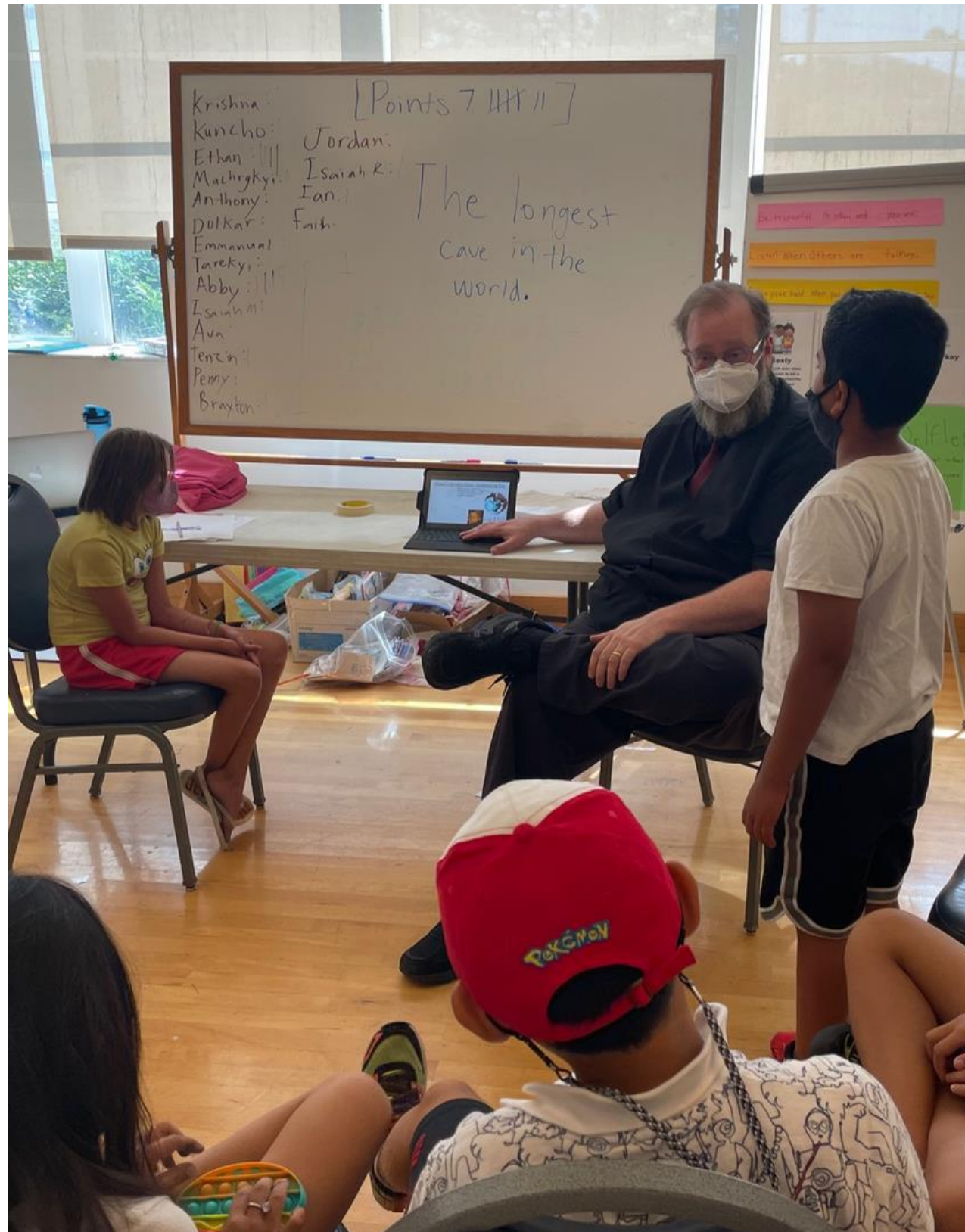
Student Trainings

We provide experiential-learning-based classes grounded in prevention science.

We do not do assemblies but work closely with students and parents in activities, discussions, and classes covering all parts of online safety.

**Offline activities
were refreshing**





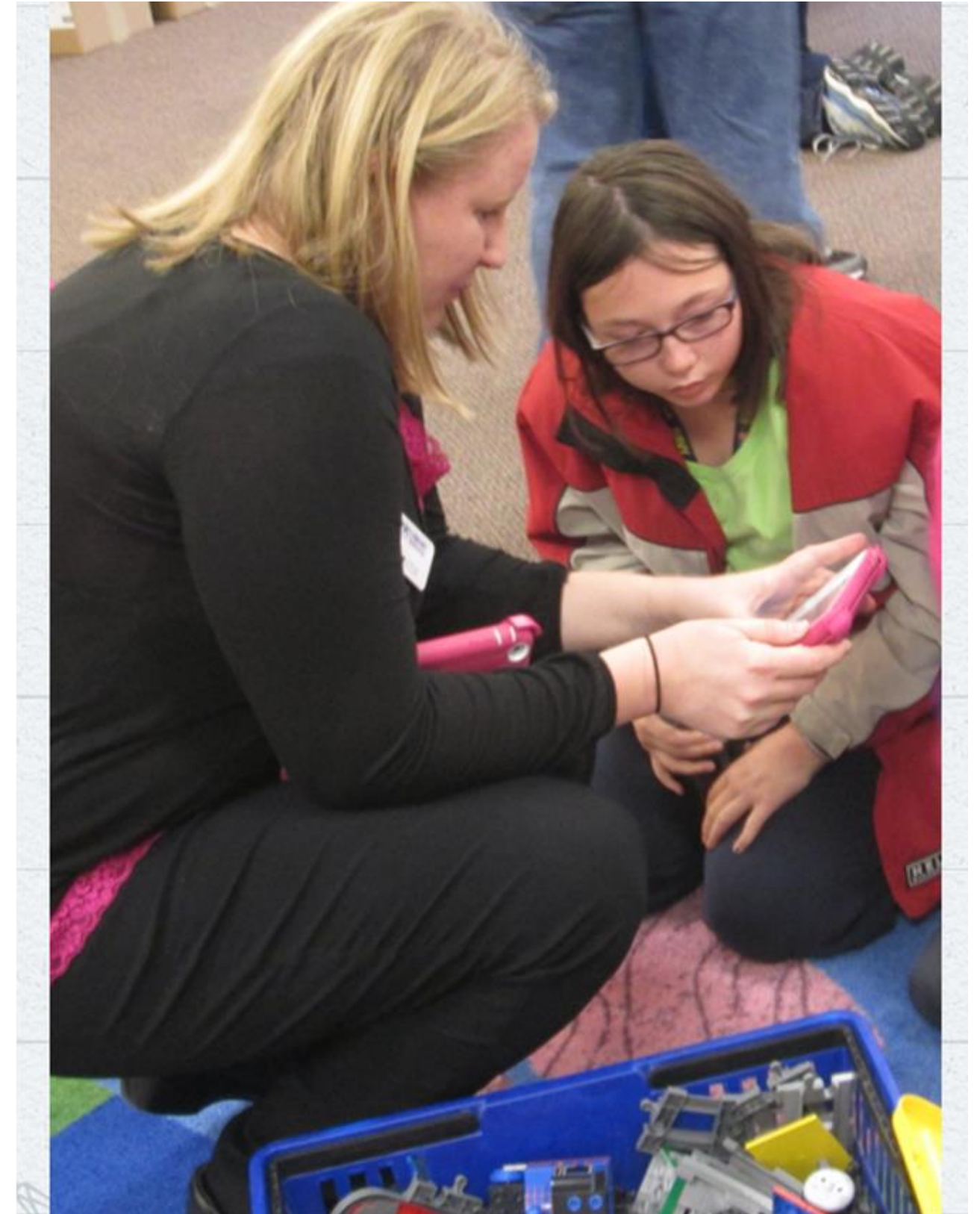
Program Specifics

- **6 modules for Elementary**
- 8 modules for Secondary
- Specialized activities for K-2
- All taught in **small groups** to encourage discussion and participation
- Adjustments are made to curriculum based on age, grade level, demographics, and needs of the students

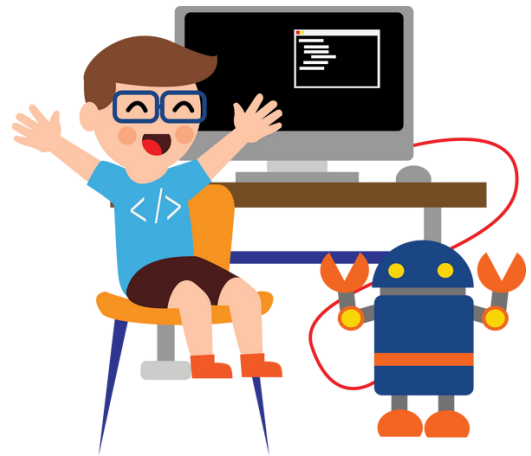
We loved that it was done in class instead of an assembly. The students were engaged because it was done at their level.

More than an assembly

- Being in the classroom allows for more of an impact and helps the students better learn and remember.
- The classroom setting allows for interactive activities, discussion and experiential learning.
- Coming back more than once reinforces the education and allows us to track changes in knowledge, attitudes and behaviors.



Elementary Modules



Computational
Thinking



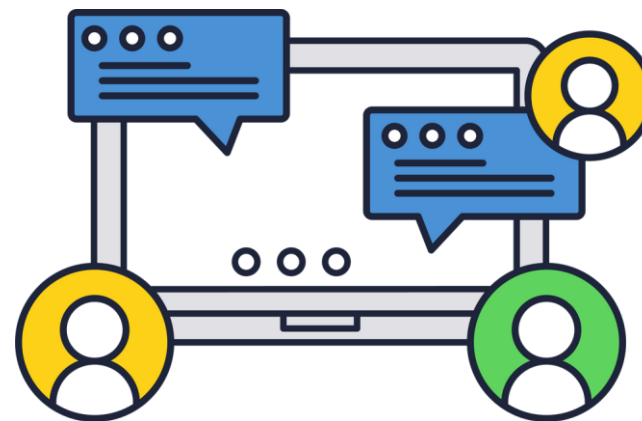
Online Safety and
Ethics



Media Literacy



Digital Wellness



Digital
Communication

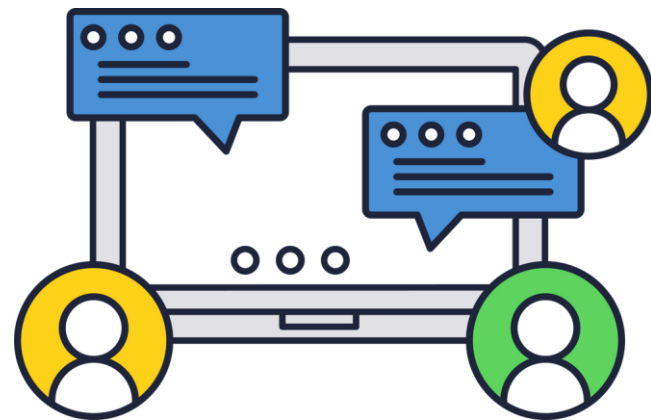


Using Tech
for Good

Secondary Modules



Media Literacy



Digital Communication



Online Safety and Digital Law



Digital Empathy



Digital Commerce



Digital Wellness



Digital Identities and Goal Setting



Preparing for College and Career

Examples of Activities

- Role play and skits
- Discussions in large and small groups
- For Grades 2-5 we have added "Choose your Own Adventure" narratives to guide good choices
- Teens have interactive activities including creating a budget, mapping their sleep cycle, analyzing digital footprints, scheduling their day etc.
- Both groups set digital SMART goals



**Trainers worked well
with multiple grade
levels in sharing
message.**



DIGITAL
RESPONS-
ABILITY4

EDUCATE • INFORM • EMPOWER



We contract with the Utah Department of Human Services to assist them with digital citizenship and digital literacy trainings to help at-risk youth prepare for college and/or career. We serve children of all abilities and backgrounds, K-12.

Digital Parenting Classes



- We offer 1-2 hour Digital Parenting trainings. We teach parents strategies to parent around technology at different developmental stages.
- This is the 3M's of Digital Parenting
 - **Model**
 - **Manage**
 - **Monitor**

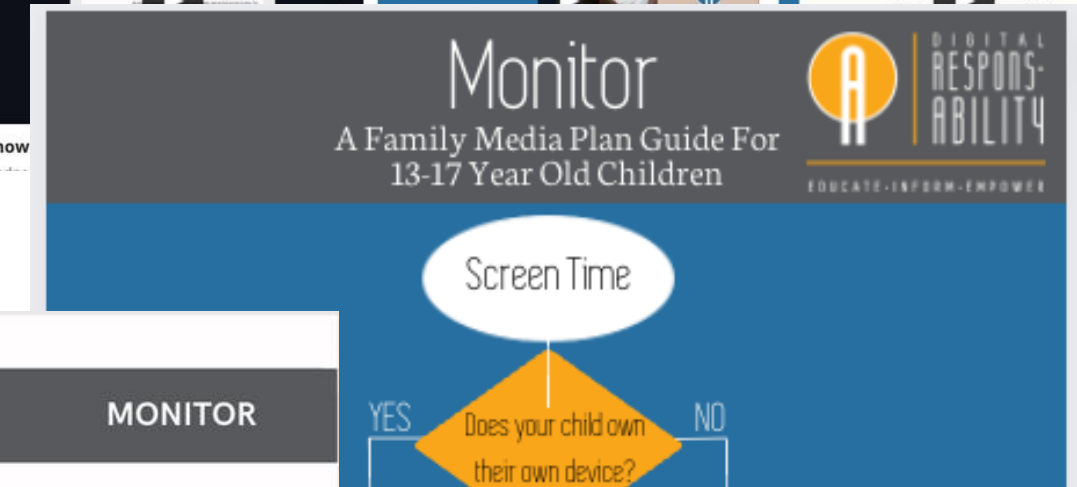


The 3 M's of
**DIGITAL
PARENTING**



Free Resources

- Supplemental Online Trainings for Elementary School students, Secondary School students and Parents
- FREE monthly webinars for Teachers and Parents
- SchoolTube Channel
- 3M's of Digital Parenting Training Videos
- Family Media Plan Workflows
- Newsletters with free resources and information
- Blogs
- Youtube Channel
- Fidget Book



MODEL

MANAGE

MONITOR

0-8 year olds

Reinforce your love and caring through gentle words, interest and physical closeness. But respect that closeness and help them set boundaries. Their sense of intimacy and need for closeness may be different that you expect or would like. We all have differing needs and desires.

DIGITAL RESPONSABILITY

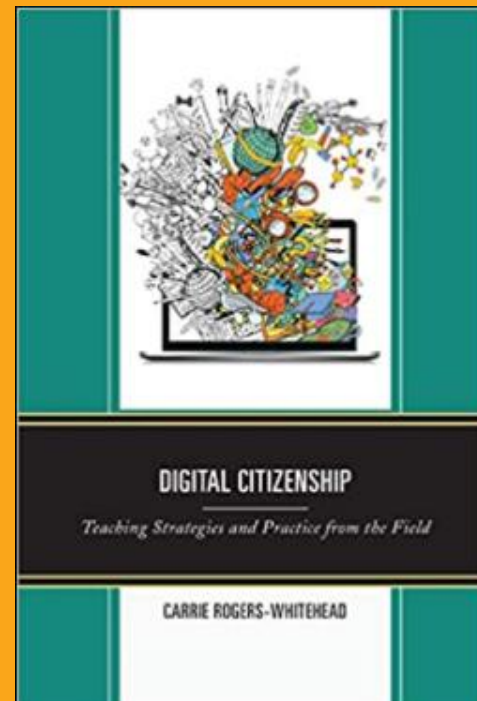
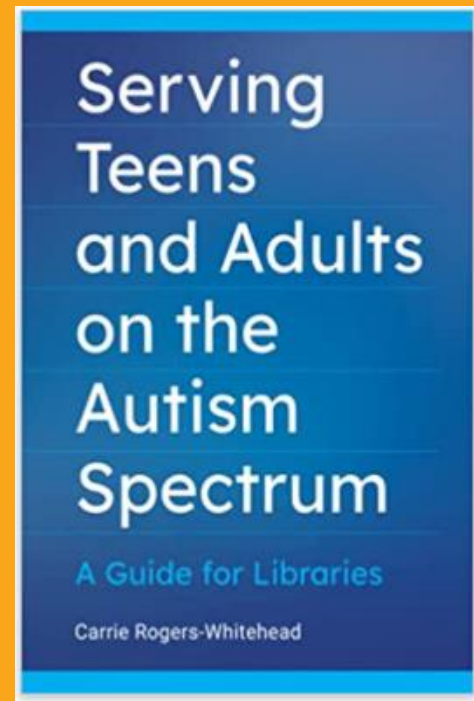
DIGITAL-PARENTING.COM
DIGITALRESPONSABILITY
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3M's of DIGITAL PARENTING

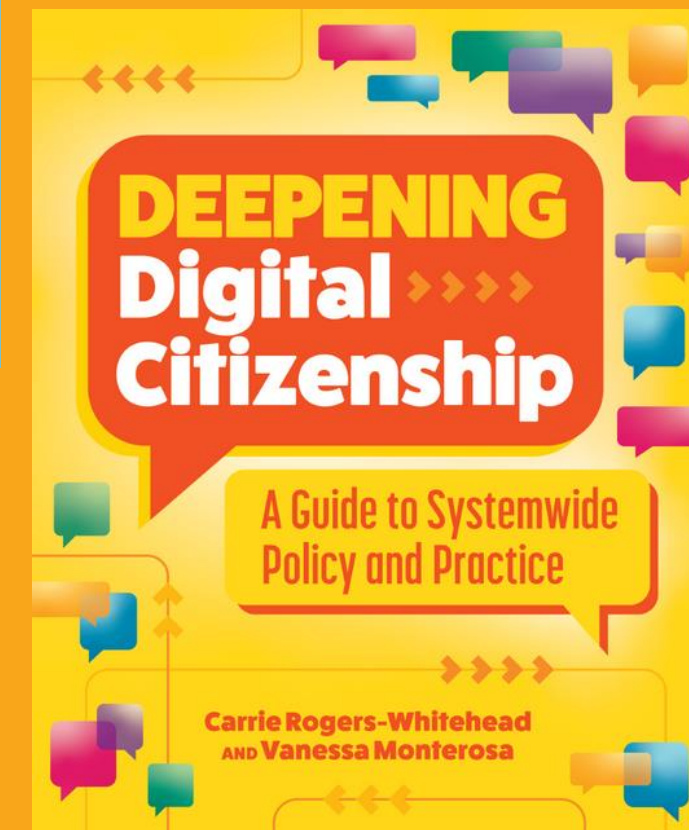
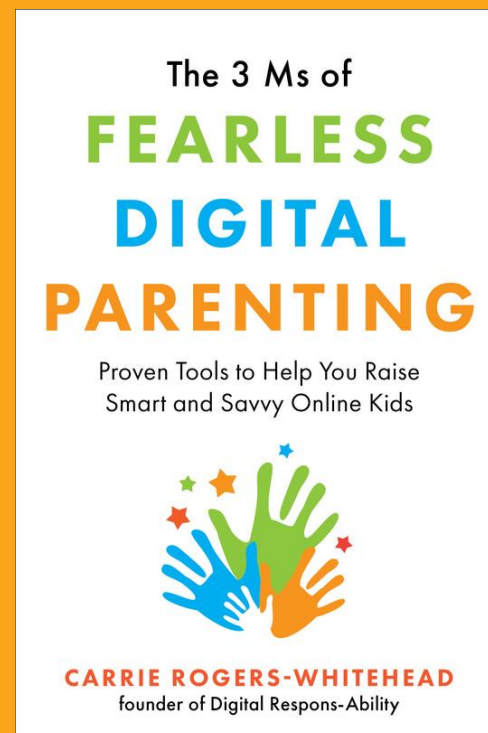
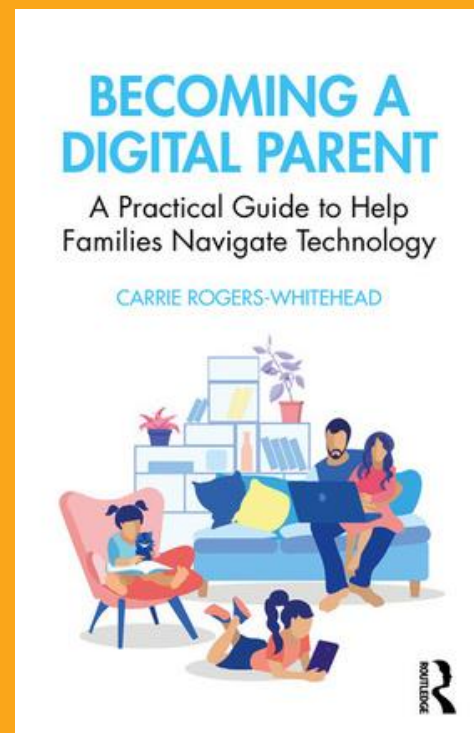
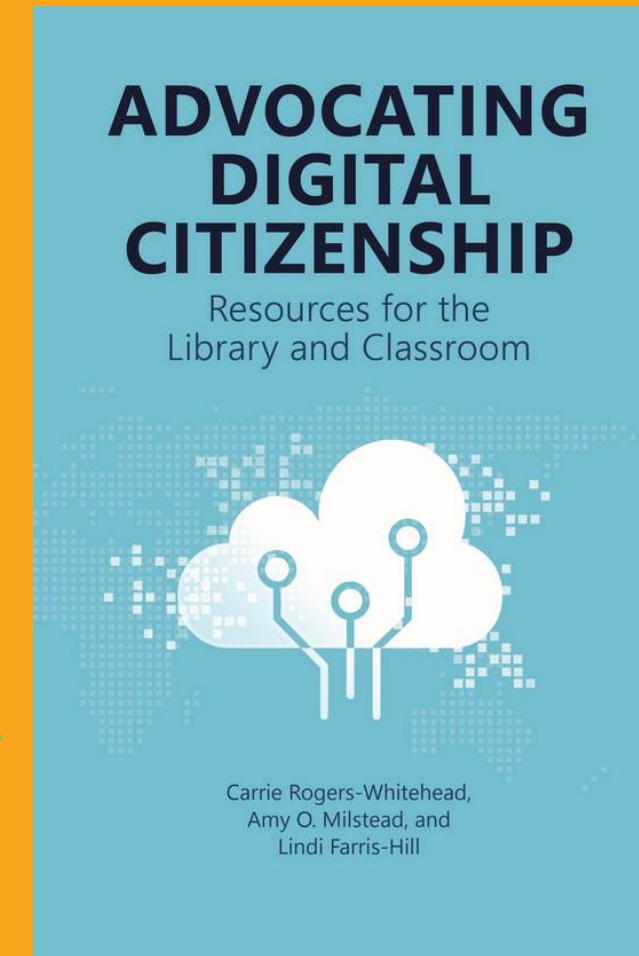
EDUCATE · INFORM · EMPOWER



Our curriculum is research based



Coming in
2022



Online Educator Training (REC Program)

We have taken what we've learned from tens of thousands of hours teaching digital citizenship to teachers.

This program is currently being used by the **Department of Defense Education** system and by teachers across the country!

**Approx 9,000 teachers
are using the REC program**



Outreach



July 1, 2021 - May 31, 2022 Stats

1078 K-12 Student Presentations

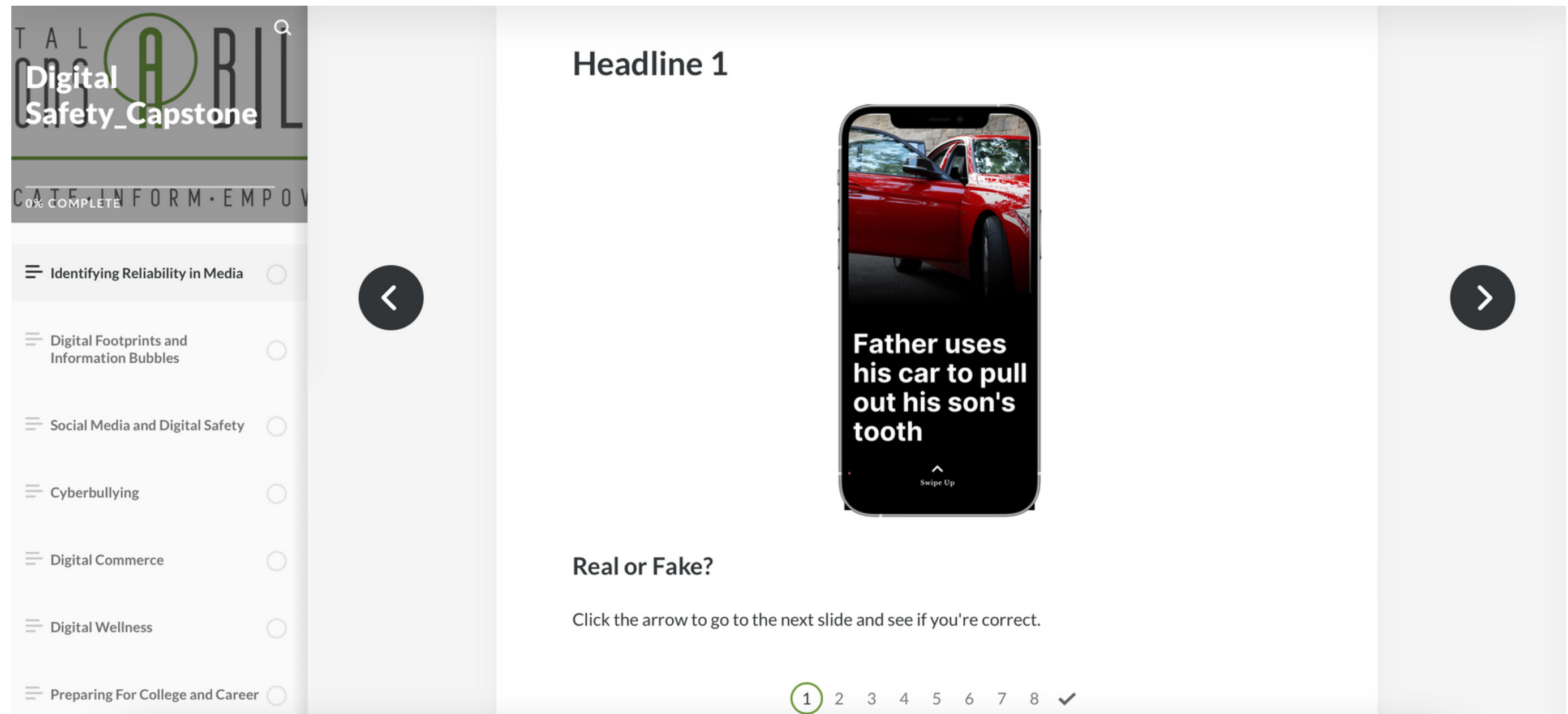
29 Educator/Parent Presentations

3271 Attended **96** Community Events



Coming in 2022

Online Student Modules






Online Curriculum Program Specifics

- 6 modules for Elementary
- 8 modules for Secondary
- Self-paced
- Integrated into Canvas Commons
- Available **FREE** for the state of Utah
- Starts school year 2022/2023


Coming in 2022

Pre-K pilot




SHARKS LIKE
TO DANCE.

1




CARS CAN
DRIVE TO
THE MOON.

2




ICE CREAM
COMES FROM
COLD COWS.


3





FROGS EAT
BUGS.





PIGS CAN
FLY.





IF YOU DROP
A GLASS ON
THE SIDEWALK
IT WILL
BOUNCE.





2







3

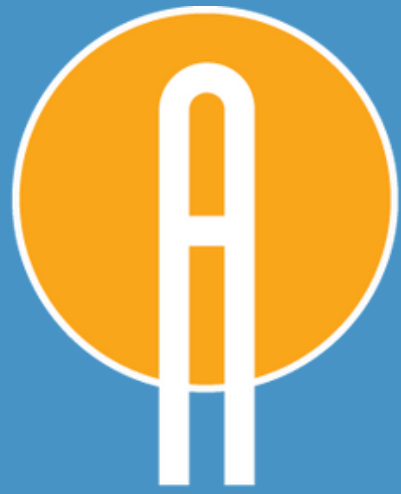


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D I G I T A L
R E S P O N S -
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Thank you!

Digital Respons-Ability is grateful to be the state provider for Digital Citizenship training through the Digital Citizenship and Wellness Commission. We know that by working together, with the legislature, parents, and teachers, we can help create Respons-Able Digital Citizens.

[More
Information](#)



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respons-ability.net
digital-parenting.com